

New Research Proves Leveraging APPs can Lower Costs While Maintaining High Quality Care

More hospitals have begun using advanced practice providers (APPs) such as Nurse Practitioners (NPs) and Physician Assistants (PAs) in recent years as a way to reduce the high cost of physician hospitalists.¹ New research suggests the benefit of doing so may be even greater than we thought.

A global literature review of 39 studies uncovered some eye-opening results²:

- In 15 studies, the PA delivered care equal to that of the physician.
- In 18 studies, the PA delivered care that exceeded that of the physician.
- In 29 studies, resource and labor costs were both less when care was delivered by a PA instead of the physician.

The median APP hospitalist salary is less than half that of the median physician hospitalist.³

A retrospective analysis of 17,000 adult patients and over 100,000 unique hospitalizations found that patients cared for by an Adfinitas APP had no significant difference in:

- Outcomes
- In-hospital mortality
- Cost of care
- Readmissions
- Length of Stay

Proven Success With Adfinitas

1,458

Reported median annual work RVUs for APP hospitalists⁴

3,536

Median annual work RVUs for Adfinitas APP hospitalists

\$198,750

Average financial support (not including salary, benefits) per physician FTE⁵

\$124,000

Average financial support per Adfinitas provider FTE

Adfinitas Health has fifteen years of experience managing high-quality, cost-effective hospitalist programs. Our APP and physician hospitalists can deliver greater value for your organization with our collaborative approach, utilizing well trained APPs with dedicated physician support.

Learn more about Adfinitas Health by visiting www.AdfinitasHealth.com.

SOURCES

- ¹ Society of Hospital Medicine. State of hospital medicine report 2020. Philadelphia: Society of Hospital Medicine; 2020, p. 37.
- ² <https://journals.plos.org/plosone/article?id=10.1371/journal.pone.0259183>
- ³ Society of Hospital Medicine. State of hospital medicine report 2020. Philadelphia: Society of Hospital Medicine; 2020, p. 205.
- ⁴ Society of Hospital Medicine. State of hospital medicine report 2020. Philadelphia: Society of Hospital Medicine; 2020, p. 209.
- ⁵ Society of Hospital Medicine. State of hospital medicine report 2020. Philadelphia: Society of Hospital Medicine; 2020, p. 91.