

How to Reduce the Impact of Clinician Burnout by Improving Workplace Vitality

Extreme burnout from unmanageable workloads is causing a mass exodus of clinicians, which means the industry could be short millions of clinicians within the next few years.^{1,2}

The Effect of Burnout³

- 47.3% - Physicians that report being burned out
- 56.0% - Nurses that report being burned out
- 54.1% - Other clinical staff that report being burned out
- 24.3% - Physicians that plan to leave their positions
- 41% - Nurses that plan to leave their positions
- 32.6% - Other clinicians that plan to leave their positions

The Cost of Burnout⁴

\$9B

Annual turnover costs from burned-out nurses

\$2.6B - \$6.3B

Annual turnover costs from burned-out physicians

✘ The Impact of Burnout on Clinicians, Patients, and the Hospital

- Clinician distraction and fatigue
- Errors in clinician judgment
- Medication errors
- Surgical errors
- Poor communication among the care team
- Negative patient experience
- Increased patient safety-related events
- Poor patient satisfaction scores



✔ The Impact of Leveraging Advanced Practice Nurses and Nurse Practitioners

- Always available resource to nurses—day or night
- Enhanced provider-patient engagement
- Improved care continuity
- Improved outcomes
- Increased value-based reimbursement
- Better patient satisfaction ratings



“Adfinitas providers are among the top performers in patient satisfaction and they have no difficulty recruiting and retaining the very best quality providers and nurse practitioners.”

Dana Levy, MSN, RN, is Chief Nursing Officer at University of Maryland Charles Regional Medical Center

Adfinitas Health is the premier provider of advanced practice nurses and nurse practitioners, helping hospitals mitigate the impact of staffing shortages and delivering greater value in these challenging times.



SOURCES

- ¹ <https://link.springer.com/article/10.1007/s11606-023-08153-z>
- ² <https://www.oracle.com/human-capital-management/healthcare-workforce-shortage/>
- ³ <https://link.springer.com/article/10.1007/s11606-023-08153-z>
- ⁴ <https://www.hhs.gov/sites/default/files/health-worker-wellbeing-advisory.pdf>